

Endorsements for Peering Through the Veil

"Peering Through the Veil is a comprehensive, enjoyable and enlightening book gifting the reader powerful insights, knowledge, and keys on meditation. Written in Takara's unique and friendly style, it inspires participation, compelling us to release old mindsets so we can enter the magical inner world she eludes to. **This book is a must read** for everyone ready to take their life to a deeper level and release the veils clouding their True Nature. Following Takara's gentle guidance and inspired exercises, we can return to the innocence, childlike wonder, and inner peace of our Authentic Self." - *Aurora Juliana Ariel, PhD, #1 Bestselling Author, Creator of TheQuest, and Award Winning Author of the Earth 2012 series*

"To even try to come up with words about Takara's totally comprehensive book about meditation wouldn't begin to give the potential reader an idea of the level of complexity and scope the book offers for finding "inner peace". The unique gift Takara has to bring the complex, complicated and much misunderstood topic of meditation and transforming it to simple understandable language with her gift of simplifying the mystical practice, benefits of meditation is remarkable. Not only that - she gives detailed instructions on the "how to" of various forms of meditation in order for you, the reader, to tailor and create any program for you as an individual. She does it marvelously with her superb story-telling abilities, deep, deep research, and a warrior's approach to "ferret" out the truth. **This book is a rare find.**" – *Drs. Loren and Diane Mickelson*

"Not only did I get to read a highly entertaining story of Takara's spiritual adventures, but all these stories led to excellent advice and instructions regarding a multitude of ancient meditation tools. I found the story of how she found these techniques just as enlightening as the technical information she offers. I **highly recommend this book!**" - *Virginia Bonta Brown, Occupational Therapist, President, BioElectric Shield Co.*

"Takara has produced a readable, comprehensive guide on meditation, describing the phenomenal benefits that can be derived from such a practice. Her description of her personal journey is one that many can relate to and will provide support and inspiration for anyone who finds themselves evolving spiritually. This book will serve you in many ways. **I highly recommend it!**" – *Dr. Steven Farmer, best-selling author of Animal Spirit Guides, Earth Magic, and Earth Magic Oracle Cards. www.EarthMagic.net*

"This book is super comprehensive and covers a multitude of meditation techniques and ideas, interspersed with Takara's keen sense of storytelling to emphasize what she is describing. She has a great ability to keep the subject dynamic and interesting. It is also a great reference book, jam **packed with valuable information.**" – *Star Riparetti, Award Winning Author of Bliss and Blessings and Creator of Star Flower and Gemstone Essences*

"I have just finished reading Takara's beautiful book 'Peering through the Veil' and I have to say it is excellent. Simple, clear and very powerful. I commend her on the book. It will certainly be a useful 'guide' for people who are just awakening and those who have been awakened for some time and need a 'different' perspective on aspects of their lives and their practices. I found her writing style clear and easy to understanding. **I recommend it highly !!!**" - *David J. Adams, Australia*

"Peering Through the Veil is amazing!!! I loved it and learned so much. It actually felt as though Takara and I were just talking as she was explaining everything to me. The flow was conversational and the concepts were clear. I am new to meditation, so it was the perfect book at the perfect time...funny how the universe works! Thank you Takara for sharing this information!!!! **Many people will be moved forward by this book.**" - *Misty Gregg, Preventative Healthcare Consultant and Owner, The Sage Soapbox*

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